

Ergonomics	Ok	Problem	Irrelevant
Is manual planting performed?			
Are plug plants planted?			
Are lifting of plants performed?			
Is the work of bedding out, etc. efficiently organised?			
Is bottom cutting of christmas trees performed manually?			
Are the correct scissors used at the bottom cutting?			
Is work at bottom cutting performed below knee-high?			
Is top shoot adjustment being made manually?			
Is width adjustment done manually?			
Is the work performed above shoulder level			
Do any employees suffer from sore arms, neck, shoulders, back and knees?			
Is there any lifting in stressful postures, for example far from the body or twists?			
Is the necessary personal protective equipment available?			
Are the necessary technical facilities available?			
Are the technical available facilities being used?			
Allergy/asthma	Ok	Problem	Irrelevant
Do you have allergic responses?			
Do you suffer from mould fungus in wood chips?			
Do you have any asthma symptoms?			
Machinery	Ok	Problem	Irrelevant
Is mechanical planting performed?			
Is the working place in the machine designed correctly?			
It is possible to adjust the seat to the individual employee?			
Is a tractor used to clean between the christmas trees?			
Are trees in larger areas bottom cut?			
Is mechanical width or cone control done with gantry tractor or electric hedge cutters?			
Substances and mixtures	Ok	Problem	Irrelevant
Have the employees received thorough instructions?			
Are substances and mixtures stored correctly?			
Have hazardous substances and mixtures been replaced by less dangerous?			
Are there workplace instructions for substances and mixtures being used?			

Is there any risk of absorption of harmful substances by inhalation?			
Is there any risk of absorption of harmful substances by skin contact?			
Is growth regulator applied with Easy Roller?			
Are growth hormones applied with backpacks?			
Is the personal protective equipment being used?			
Various	Ok	Problem	Irrelevant